

# CAMBRIDGE UNIVERSITY HILLWALKING CLUB

A group of five hillwalkers are positioned along a jagged, rocky mountain ridge. They are wearing helmets, backpacks, and outdoor gear. The background features a range of mountains under a blue sky with scattered white clouds. The overall scene is one of a high-altitude hiking environment.

**INFO SESSION 2026**



# COMMITTEE

## *President*



Jess Lok

## *Secretaries*



Thomas Wainwright



Saffron Covill

# COMMITTEE

## *Treasurers*



**Eva Carrillo i Felez**



**Sorina Maciuca**

## *Transport*



**Shafiq Ahmed**

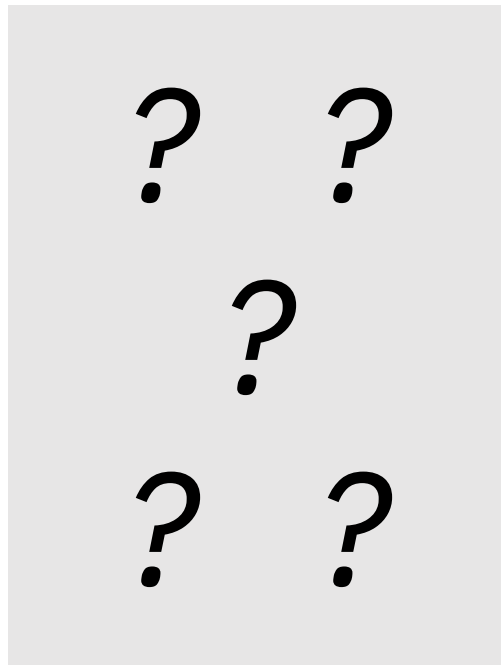
# COMMITTEE

## *Safety & Equipment*



Jan Li

## *Social & Welfare*





# CLUB ACTIVITIES



Hiking... in bad weather



... but also good weather

# CLUB ACTIVITIES



Scrambling



Trail running



# CLUB ACTIVITIES



Camping



Cooking & eating

# CLUB ACTIVITIES



Pubs



Goofing around



# CLUB ACTIVITIES



LOTS of goofing around...



Yes, we really mean LOTS

Having fun is essential.

# HILLS? MOUNTAINS? WHERE?

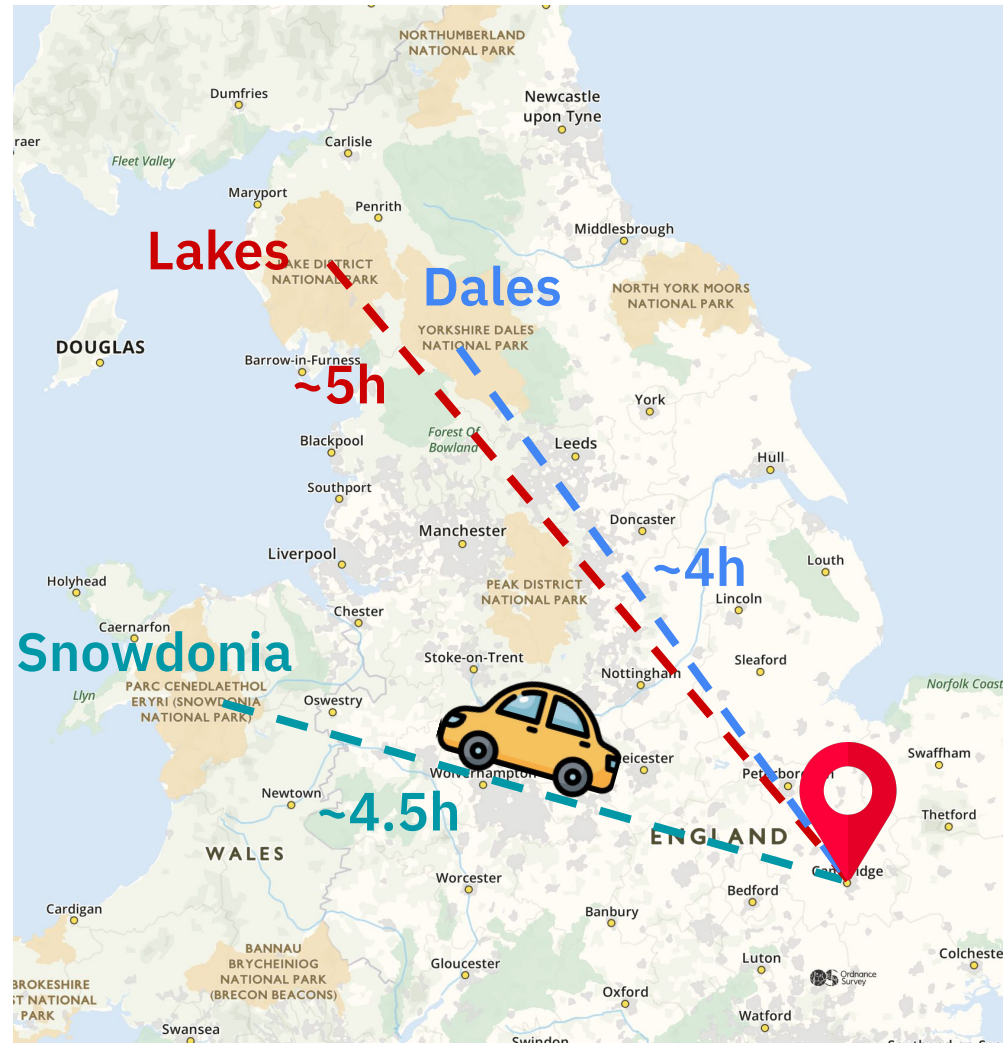
Lake District

Yorkshire Dales

Eryri (Snowdonia)

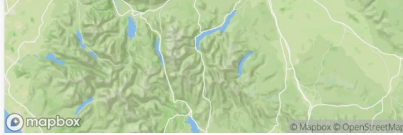
Brecon Beacons

*etc...*





# CLUB TRIPS

|                                                                                                                                                                                                                     |                                                                                                                                                                                                                             |                                                                                                                                                                                                                       |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Weekend Trip</b></p>  <p><b>Llanberis (North Snowdonia)</b><br/>16th - 18th October 2026</p> <p>Signups open in 6 days</p>    | <p><b>Weekend Trip</b></p>  <p><b>Ogwen Valley (North Snowdonia)</b><br/>13th - 15th November 2026</p> <p>Signups open in 34 days</p>      | <p><b>Weekend Trip</b></p>  <p><b>Langton (Lake District east)</b><br/>27th - 29th November 2026</p> <p>Signups open in 48 days</p> |
| <p><b>Vacation Trip</b></p>  <p><b>Felldyke (Lake District west)</b><br/>8th - 11th January 2027</p> <p>Signups open in 83 days</p> | <p><b>Weekend Trip</b></p>  <p><b>Borrowdale (Lake District central)</b><br/>19th - 21st February 2027</p> <p>Signups open in 132 days</p> | <p><b>Weekend Trip</b></p>  <p><b>Cwm Dyli (North Snowdonia)</b><br/>19th - 21st March 2027</p> <p>Signups closed</p>               |

3 weekend trips  
per term

New Year's  
vacation trip

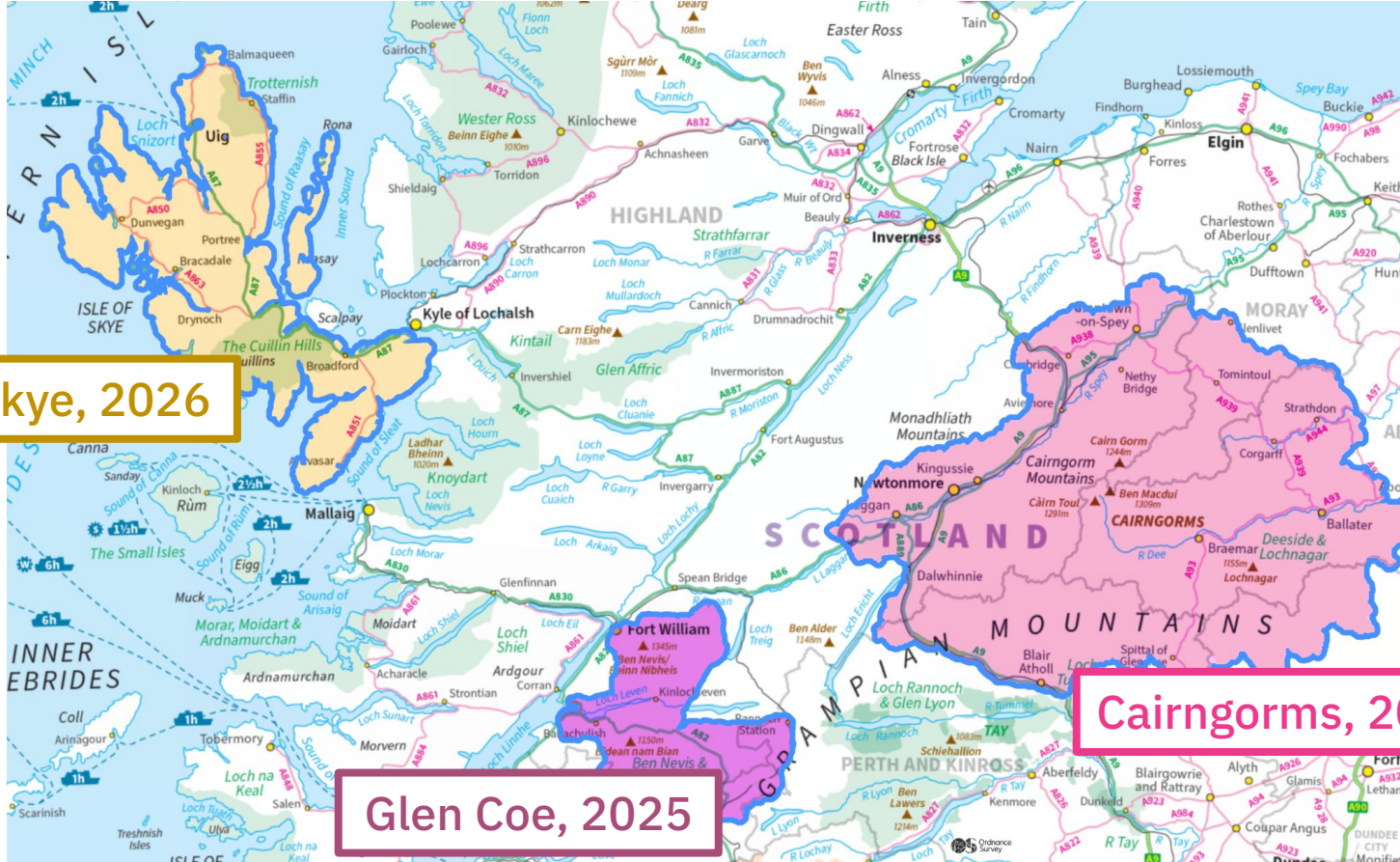
Easter vacation  
trip (winter trip)

# EASTER VACATION TRIP

Skye, 2026

Glen Coe, 2025

Cairngorms, 2024





# EASTER VACATION TRIP



Skye, 2026



Glen Coe, 2025

Longer

Scotland

Lots of fun

Snow (hopefully)

# TRAINING COURSES



Navigation



Scrambling



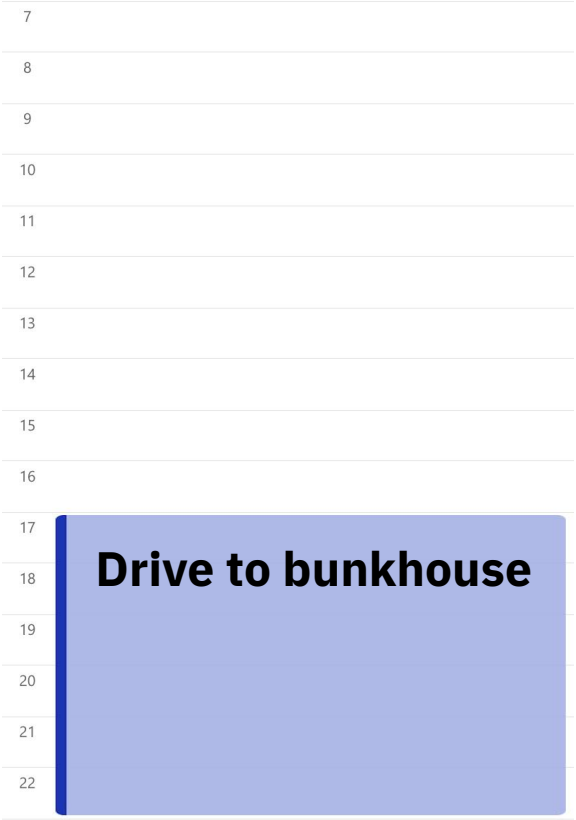
Winter skills

**(costs subsidised)**



# STRUCTURE OF A TYPICAL WEEKEND TRIP

## FRIDAY



## SATURDAY



## SUNDAY



# TRANSPORT

*You and three (or four) of your new friends get into a car and drive for five hours into the darkness...*



## Friday:

Meet outside Churchill College

Typically depart between 4-7pm

Arrive between 9pm and midnight

Services stop - buy or bring dinner

## Sunday:

Typically depart between 3-5pm

Arrive between 8-10pm





# DRIVE FOR THE CLUB!

If you're...

- Over 21
- Have a full, clean driving license

We will rent for you if needed

Perks:

- Guarantee your spot on the trip
- Bring a +1
- Petrol reimbursed
- Small compensation for own car wear and tear
- Undying love of the Transport Sec



# BUNKHOUSES

Self-catering accommodation

Electricity and running water

Well-equipped kitchen

Most have toilets and showers

Mixed-gender rooms

Bunk beds or alpine style

Bring a sleeping bag



Bunk beds



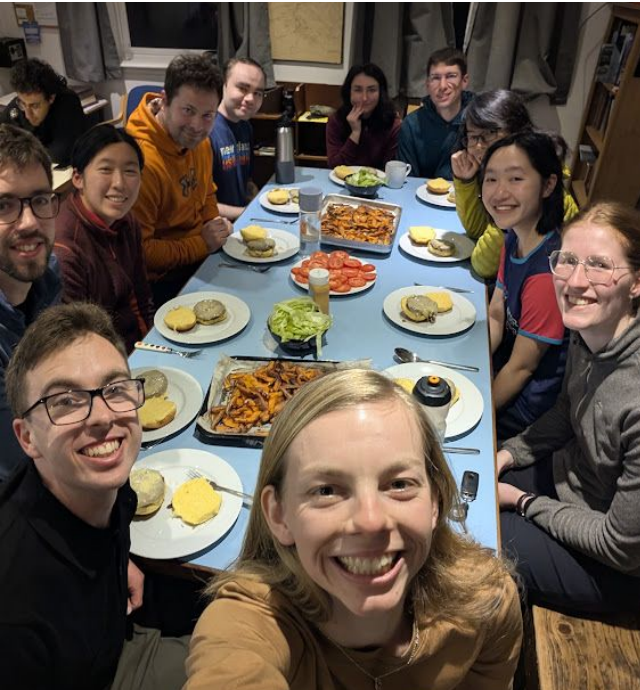
Alpine beds



# COMMUNAL COOKING

Cook and eat together in groups of 4-8

1-2 people organise + are responsible for ingredients





# PLANNING A WALK

## CAMBRIDGE UNIVERSITY HILLWALKING CLUB ROUTE CARD

| Route Summary                                   |                                                                                                                                                                                      |
|-------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Date</b>                                     | <b>Map</b>                                                                                                                                                                           |
| <b>Day (circle)</b> Saturday    Sunday    _____ |                                                                                                                                                                                      |
| <b>Route Description</b>                        | <b>Special Difficulties</b><br><b>Scramble?</b><br>Please speak to the first named person, the Safety Officer or the Trip Leader if you have any concerns about this walk.           |
|                                                 | <b>Total Distance</b><br><b>10-25 km</b><br><b>Total Ascent</b><br><b>500-1000 m</b><br><b>Approx. Time</b><br>(‘Naismith’s Rule’: 4km/hr plus 1min per 10m ascent)<br><b>4-8 hr</b> |
| <b>Escape Route(s)</b>                          | <b>Start Time</b>                                                                                                                                                                    |
|                                                 | <b>End Time</b>                                                                                                                                                                      |
| <b>Vehicle Details (if applicable)</b>          | <b>Dark</b>                                                                                                                                                                          |
|                                                 | <b>Pace</b> Gentle    Moderate    Fast                                                                                                                                               |

# CALLING WALK LEADS

Comfortable navigating the outdoors?

Can read a map and use a compass?

Want to develop your route planning and leading skills?

Want to make lifelong friends?

*We are always looking for new walk leaders!*





# EQUIPMENT - BARE MINIMUM



Waterproof  
walking boots



Waterproof jacket  
& trousers



Sleeping bag  
for bunkhouse

**Full kit list on website**

# EQUIPMENT - WE SUPPLY



Maps & compasses



First aid kits



Group shelters



# MOUNTAIN SAFETY

## NEWS

Menu

England | Local News

### Rescue teams 'stretched further than ever'

North East and Cumbria

15 September 2026

**Mountain rescuers have said they are "stretched further than ever" and on track for their busiest year on record.**

**Going into the hills unprepared endangers the people around you too!**



**llanberismountainrescue** After 59 callouts in August, the busiest month in our history, we think it is time for a serious conversation about what is happening in our mountains.

Our volunteers carried out prolonged rescues in darkness and poor weather, dealt with serious injuries, heat-related issues, assisted people stuck in serious terrain and, sadly, attended incidents where people and animals lost their lives.

What concerns us most is the increasing number of people taking on difficult terrain while completely unprepared for what they are facing.

**If we think you are inadequately equipped we won't let you participate.**

# MOUNTAIN SAFETY

CAMBRIDGE UNIVERSITY  
HILLWALKING

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This section

You will

clothing

[Guidelines](#)

that you will need your own boots.

*The committee can — and will — refuse to take people on walks whom they feel are inadequately equipped.*

***PLEASE READ CAREFULLY  
BEFORE SIGNING UP!***

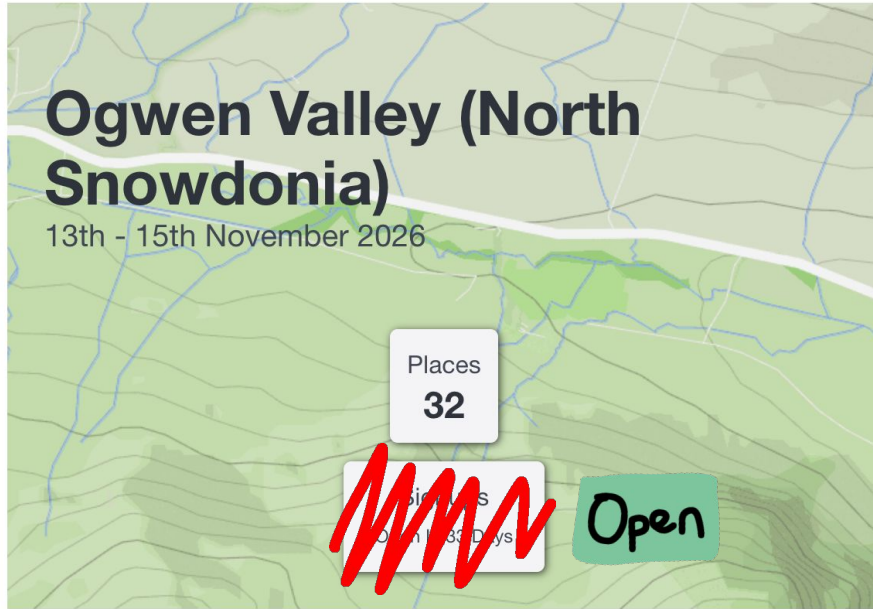
[cuhwc.org.uk/trips/safety-equipment](http://cuhwc.org.uk/trips/safety-equipment)

# SIGNING UP

|                                                                                                                                                                                                         |                                                                                                                                                                                                                 |                                                                                                                                                                                                           |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
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# SIGNING UP



## Signups

Signups for this trip open on 28th October 2026. Please check back here then to sign up to the trip! Signups will close in 1 month, 1 week into the trip.

**SIGN UP**



## About the trip

Walking distance to the Glyderau and Carneddau

~15 min drive to Snowdon range

Wide range of scrambles covering all difficulties (e.g. Tryfan, Idwal Slabs)

### Type

🧭 Weekend Trip

### Signups open

2026-10-28 00:00:00

### Signups close

2026-11-04 18:00:00

### Capacity

32

## About the bunkhouse

Caseg Fraith

### Website

<https://www.ulgmc.org/huts/caseg>

### Sleeping Arrangements

Alpine bunks



Showers

Yes



Internet Access <sup>1</sup>

Yes



Parking

Yes



Toilets

Yes



# WHAT ARE MY CHANCES?

We are always oversubscribed 😞

To ensure trips run smoothly, mix of old and new members

Prioritise drivers, cooks, walk leads

People who have been waitlisted multiple times

Don't hesitate to show your enthusiasm  
- come chat with us

# SIGNING UP

## Earliest departure time

06:30 pm 🕒

The earliest time (in 24 hour format!) that you can depart for this trip.

## Allergies

Please add any allergies you may have that we should be aware of.

## Comments

Any additional comments regarding this signup

You can add up to 1 person who you'd like to go on this trip with.

We'll try to get all of you on the trip together, but please bear in mind this may not always be possible!

☐ I understand that any friends added below **still must complete this signup form themselves** to be able to come on the trip \*

## Person's name

The name of the person you'd like to go on this trip with

## Person's email

The email address of the person you'd like to go on this trip with

☐ Remove person

Save

for logistical reasons only

tell us a bit about yourself!

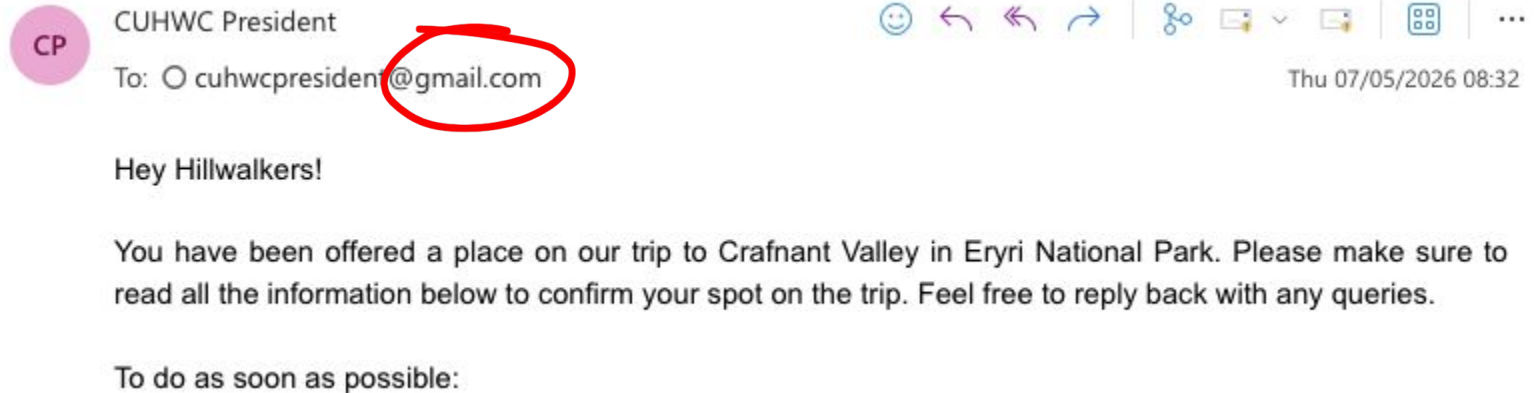
**PLEASE** do not daisy chain  
your friend group



# SIGNING UP

Allocation results ~ 1 wk before trip

Check your emails and *spam*



People drop out - keep an eye on your email for openings

# DROPPING OUT

*Email* [cuhwcpresident@gmail.com](mailto:cuhwcpresident@gmail.com) *ASAP*



before sign ups close (1 week before trip)



after sign ups close

*If we can't find someone to replace you, you will be liable for the trip fee!*

[cuhwc.org.uk/about/policies/refund-policy](https://cuhwc.org.uk/about/policies/refund-policy)

## MEMBERSHIP

Lasts one year

**Students: £30**

Non-students: £45

 **BMC** membership

- Insurance
- Discounts on outdoor shops, YHA, etc.

## TRIP FEES

Applies to each trip

**Students: £57**

Non-students: £65

- Covers accommodation + transport but not food
- Your spot is not confirmed until you pay

**Pay for membership once you get on a trip**



# GEAR DOESN'T HAVE TO BE (THAT) EXPENSIVE



Good starter brands

Have questions  
about gear? Come  
talk to us

Second hand

*Vinted*

Outlet



Getting the most out  
of your gear

# THE TERM AHEAD

## October

|    | Monday | Tuesday             | Wednesday             | Thursday        | Friday                | Saturday             | Sunday |
|----|--------|---------------------|-----------------------|-----------------|-----------------------|----------------------|--------|
| 40 | 28 Sep | 29                  | 30                    | 1 Oct           | 02                    | 03                   | 04     |
| 41 | 05     | 06<br>Start of term | 07<br>18:30 Info sess | 08              | 09                    | 10<br>Freshers' walk | 11     |
| 42 | 12     | 13                  | 14                    | 15<br>19:00 EGM | First Michaelmas trip |                      |        |
| 43 | 19     | 20                  | 21                    | 22              | 23                    | 24                   | 25     |
| 44 | 26     | 27                  | 28                    | 29              | 30                    | 31                   | 1 Nov  |

## November

|    | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|----|--------|---------|-----------|----------|--------|----------|--------|
| 44 | 26 Oct | 27      | 28        | 29       | 30     | 31       | 1 Nov  |
| 45 | 02     | 03      | 04        | 05       | 06     | 07       | 08     |
| 46 | 09     | 10      | 11        | 12       | 13     | 14       | 15     |
| 47 | 16     | 17      | 18        | 19       | 20     | 21       | 22     |
| 48 | 23     | 24      | 25        | 26       | 27     | 28       | 29     |
| 49 | 30     | 1 Dec   | 02        | 03       | 04     | 05       | 06     |

# LOGISTICS



Wear comfortable shoes, e.g. trainers

Pack a lunch

Two groups:

1. Meet at Cambridge station at **8:15**
2. Meet at Cambridge station at **9:30**

Aim to be back late afternoon

**Prefer to *run*? Let us know!**





# Ogwen Valley (North Snowdonia)

13th - 15th November 2026

Trip Fee (students)

**£57**

Trip Fee (non-students)

**£65**

Places

**32**

Signups

Open In 22 Days

Walking distance to the Glyderau and Carneddau

~15 min drive to Snowdon range

Wide range of scrambles covering all difficulties (e.g. Tryfan, Idwal Slabs)

Type

Weekend Trip

Signups open

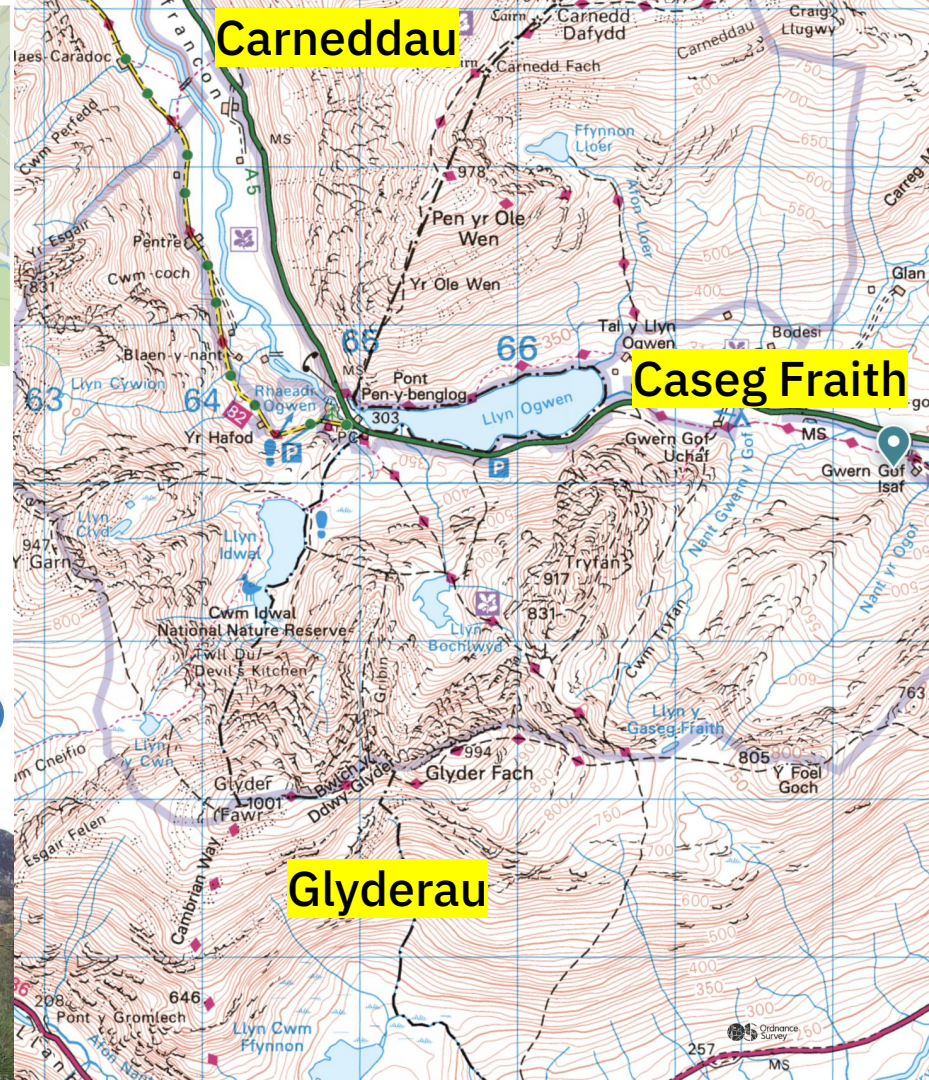
2026-10-28 00:00:00

Signups close

2026-11-04 18:00:00

**Tryfan!**

**Caseg Fraith**





# FRIENDLY NON-COMMITTEE FACES



**Sam**  
*Webmaster*



**Morgan**



**Birgit**  
*Freshers' Walk lead*



**Dan**

**Committee not in sight but have a question?**  
**You can also approach these folks**

***SOLD?***

**[cuhwc.org.uk](http://cuhwc.org.uk)**

***INSTAGRAM @cuhwc***

***DRIVERS - talk to Shafiq***

**[cuhwctransport@gmail.com](mailto:cuhwctransport@gmail.com)**

***FAIRLY EXPERIENCED AND HAPPY TO HELP? talk to Jess***

**[cuhwcpresident@gmail.com](mailto:cuhwcpresident@gmail.com)**